
Before your Sedation Appointment

Things to do/remember the day before your appointment:

- No smoking* - *This affects the level of sedation during your treatment, and can negatively affect your comfort level during the appointment.*
- No alcohol* - *The dentist cannot safely sedate you if you have had alcohol, narcotics pain medicines (including Vicodin/Hydrocodone) or any street or recreational drugs.*
- No caffeine
- Take no additional medications (e.g. OTC pain medications and antacids, herbal or nutritional supplements) unless discussing these medications with the dentist*

The morning of your appointment:

- Take the sedative medication as instructed by the dentist before your appointment*
- Please leave jewelry and watches at home
- No contact lenses
- Wear short sleeves and comfortable clothing
- Wear comfortable shoes/socks

It is absolutely essential that you have your escort drive you to your appointment. We will not be able to proceed with your appointment if you drive yourself, and this will result in forfeiting your pre-paid fee for the appointment.

****Regrettably, failure to comply with the items marked with an asterisk can compromise the safety of the sedation procedure. In most cases, the dentist will not be able to proceed with your treatment.***